

Presented by Sarah Power, Director of Business Concepts Group
specialising in Financial Planning and Accounting

Episode 1 - Introduction

Women tend to face some unique financial issues during their lifetime including wage gap, super gap, longevity in life, and the effects of divorce. For these reasons, women can have different needs and different strategies required in terms of seeking financial advice in overcoming these issues.

Join Sarah as she tackles an eight-part BCG Women in Focus podcast series which goes through the various financial issues facing women and what can be done to get them in order including tips, traps and ideas to help get ahead.

In this series, Sarah teaches women on how to be confident in taking financial control which generally comes from education, understanding the issues and having a plan.

Sarah will go through the importance of 'life planning' - write down goals for what you want out of life and be specific. Then break them up into short, medium and long term goals. Understand that each of these goals may need a different strategy to actually achieve.

Another crucial area is having a look at where your money is going. Use a simple budget planner or even see if your internet software can provide you with categorising your expenses.

Finally – just realising the positive impact from setting goals. Starting early is always a key, but it is never too late to start working towards a better financial future.